

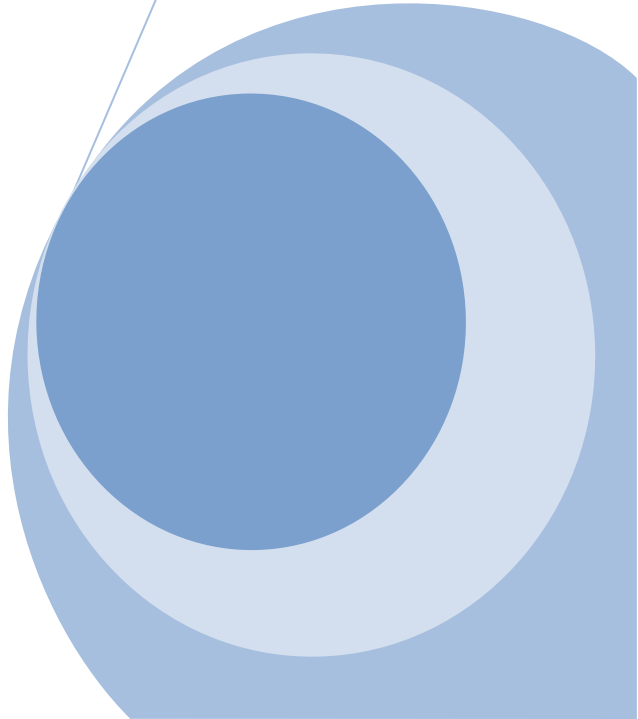


WINTERIM CATALOG

The Bosque faculty has chosen a variety of Winterim programs fit to spark any middle or upper school student's interest. Please complete the required paperwork early as programs are known to fill up early!

Bosque School
March 8 – 12, 2010

IMPORTANT DATES

- ✓ October 26 Winterim 2010 Catalog Online
 - ✓ November 6 Upper School Career Exploration and College Visit Internship Applications due!
 - ✓ November 13 All Middle School and Upper School registration for Winterim 2010 Due!
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**BOSQUE SCHOOL
2009-2010**

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BOSQUE SCHOOL
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Adventures in Arizona 2010!

Program
Description

Join us as we travel to Southeastern Arizona to indulge in a variety of outdoor experiences! Our Winterim includes hiking, rock-climbing, bird-watching, and camping. Hike through wooded trails and mysterious rock formations in Chiricahua National Monument. Experience the excitement of spotting a cute and lovable coati-mundi or ringtail cat. Test your endurance on a one-day rock-climbing excursion in the beautiful Catalina Mountains of Tucson. Enjoy the scenery and wildlife of the Sonoran desert while exploring the Arizona-Sonora Desert Museum. Finally, end each day by camping out beneath a blanket of stars in the rugged canyons, grasslands, and mountains that served as the refuge and stronghold of proud and formidable Chiricahua Apache chiefs, such as Cochise and Geronimo. Throughout the week, make new friends and enjoy the satisfaction of teamwork while setting up camp and cooking group meals.

This year, up to 4 Upper School students will be invited to join the trip as mentors. Housed in separate tents, these students will facilitate camp set-up, oversee camp cooking duties, help lead small groups during tours and hikes, and serve as team-builders. They will also have the opportunity to learn belaying techniques for rock-climbing. In short, the trip plans to develop their interest in outdoor leadership education. Mentors will be selected based on a written application and interviews with trip leaders. Any 10th or 11th grader interested in being a mentor should contact a trip leader as soon as possible (even before Winterim choices are due). The cost for mentors will be the same as for other students.

Additional costs for students: Food, cooking gear, and tents will be provided. However, students will be responsible for bringing appropriate non-cotton outdoor clothing (including hiking boots, rain gear, and thermal underwear), a daypack for hiking, and a few personal items to make our Adventures in Arizona safe and enjoyable. Students can bring their own sleeping bags (rated +20° or lower) and ground pads, or these items will be provided for them.

Faculty TJ Middleton and Kari Daniels

Cost \$440.00

Open to 7th - 8th and 10th - 11th

BOSQUE SCHOOL
2009-2010

**Additional
Information**

Throughout the week, students will investigate three different ecosystems of Southeastern Arizona: “sky islands,” grasslands, and the Sonoran desert. The trip also serves to foster an appreciation and fondness for adventuring outdoors through teamwork and shared experiences. In addition, mentors will develop leadership skills appropriate for adventure based activities.

- 1) Students will be able to identify at least 10 of the more prominent flora and fauna of each of the 3 different ecosystems.
- 2) Students will be able to describe three components that helped them function as a team.
- 3) As a team, students will be able to set up a group tent correctly (and take it down) in less than 5 minutes.
- 4) Students will be able to describe how their outdoor experience has changed their view of themselves and others.
- 5) Each mentor will construct or plan a team activity, implement it, and evaluate its effectiveness.
- 6) Mentors will correctly and efficiently relay instructions from adult leaders to other students in order to facilitate activities of the group.
- 7) Mentors will supervise group activities appropriately.

Requirements

All students should be comfortable with being away from home for several days. Students will not have an opportunity to contact their families during the trip, except in the case of an emergency. Students with specific medical conditions and food allergies are not recommended for this trip since we will not have cell phone contact in many locations. The trip invites up to 4 Upper School students (10th and 11th grade) to participate as mentors. These students will have special duties to foster leadership roles, such as facilitating tent and camp setup, managing small groups during activities, overseeing food preparation, etc. They also have the opportunity to learn belaying techniques associated with rock-climbing.

**BOSQUE SCHOOL
2009-2010**

African Dance, Drum, and Song

Program

Description

If you have wondered what it would be like to learn African dancing, drumming, singing and costuming this is the Winterim for you. We will weave together these art forms at a local dance studio with two dance and drum/song professionals, Romy and Heidi, who are both experienced instructors working with youth in our community. They will guide us through the traditions of Africa as we build a story through dance, song, and African rhythms on traditional hand drums, while wearing costumes we create! Join us for a week of active learning and fun, which will culminate in a performance for friends and family at 3pm on Friday at Maple Street Dance Studio!

Activities include: dancing, drumming, singing, costuming, storytelling

This Winterim is open to anyone who can participate regardless of experience or needs.

Faculty

Alaura Nellos

Cost

\$232.00

Open to

6th – 8th grade

Additional Information

Students will experience African culture through the arts, thus making them more aware and sensitive to other cultures. They will have learned specific songs, dances, and rhythms and their meanings and connections to the African culture. The pieces chosen are attainable to youth and the format for learning is realistic for the time frame allowed. Student learning will be measured in their participation in the culminating performance on the last day.

Requirements

You will need to bring your own lunch each day, which we will enjoy at a nearby park on nice weather days. Healthy snack will be provided.

**BOSQUE SCHOOL
2009-2010**

An Acrylic Revolution

Program

Description

Since Leonard Bocour and his nephew Sam Golden first introduced acrylic artists paints to the general public in the 1950s, there has been an acrylic revolution of sorts. Technology and artistic expression has advanced the art and innovation of contemporary acrylics not thought possible fifty years ago.

Join me in exploring and pushing the boundaries of acrylic painting. From basic techniques to total experimentation, for 5 days we will build upon what we already know and what we will learn and think about working with this versatile medium in ways we haven't even dreamed of...

Experimenting and painting with acrylic paint and mixed media

Faculty

Carter Walker

Cost

\$150.00

Open to

6th – 8th grade

Additional Information

Students will be able to:

- 1) Learn what sets acrylics apart from other mediums.
- 2) They will also learn at least two innovative techniques and be exposed to several other possibilities.
- 3) They will experiment with many processes and then will ultimately produce at least one finished work of art to show what they have learned and had tons of fun in the process.

BOSQUE SCHOOL
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Ancient Rome in the City of Angels

Program

Description

Experience Ancient Rome California Style! This five day exploration of the city of Los Angeles and its connections to ancient Rome via the Getty Museum and the Getty Villa will transport Bosque students to another time and allow them to appreciate further the people who spoke the Latin language that they are learning today. At the same time students will have the opportunity to explore the vibrant metropolis of Los Angeles and the many attractions that the City of Angels has to offer.

Each day students will participate in morning academic activities and afternoon/evening non-academic activities. Morning activities include exploring the Getty Museum which has one of the finest collections of Greek and Roman art and artifacts in the United States, and the Getty Villa in the Malibu Hills, which is an exquisitely built recreation of a Pompeian villa. Students will also have the chance to visit and tour the University of California at Los Angeles' college campus, with a stop-over at the Classics Department. In the afternoons and evenings, students will have the opportunity to enjoy the hustle and bustle of Santa Monica's Third Street Promenade and Pier, to relax in the sun at Manhattan Beach, to catch a movie at the famous Chinese Theater in Hollywood, and to ride all the rides at Universal Studios.

Students will be expected to participate in the daily academic activities and lessons at the Getty Museum and Villa. Each day they will complete lessons and gather their notes in a journal which will be checked periodically throughout the trip. Students will also be expected to follow the rules as outlined on afternoon/evening excursions.

Faculty

Christopher Wilcox and Lori Czosnyka

Cost

\$1,195.00

NOTE: A deposit for this program may be required by December 1 to cover costs for travel and/or other arrangements that must be incurred at that time. Payment of the deposit will confirm students' participation. Students should check with the coordinators of these programs about a deposit BEFORE signing up for one of the programs.

Open to

9th – 12th grade

Students who are currently enrolled in a Latin course at Bosque will be given first priority for this trip. Non-Latin students will be considered if there should be extra space.

**BOSQUE SCHOOL
2009-2010**

**Additional
Information**

Students will be able to compare and contrast ancient works of art, name characteristics of what the Greeks and Romans perceived as ideal human forms and explain why these characteristics were valued, speculate on the historical context and reception of a work of art, look for symbolism or hidden meaning, discuss the value of an original versus that of a reproduction, explain the reasoning behind artistic choices, and understand the inner workings of Roman architecture.

Requirements

Students may want to bring extra spending money for souvenirs, snacks, or other items.

**BOSQUE SCHOOL
2009-2010**

Beginning Golf

Program

Description

To teach and expose students already familiar, or not at all, with the game of golf and the skills involved as well as sportsmanship and course management. Students will visit various Albuquerque area golf courses and receive expert instruction in the skills associated in the game of golf as well as play the game as time allows. Various skills will be introduced as the students are instructed by course professionals. These skills are also evaluated by the same instructors and latter enforced on the course during play. Specific skills are striking ball with accuracy and appropriate force; demonstration of when to use specific hits as the putt, drive, pitch, chip, follow up shots; demonstration of proper club selection and care of those clubs; demonstrating course management skills such as ball placement and how to negotiate the obstacles and distances to go; and the various game etiquette matters. Methods used in these various areas include observation by the professional instructor and Winterim leader and group discussion to gage comprehension of the mental aspects of the game, as well as demonstrating of the breakdown of the various swings.

This trip provides an excellent learning opportunity as well for those who may be interested in competing on our high school golf teams. Parents will provide transportation to and from local golf facilities (Rio Rancho included).

Faculty

Ross Bergman, Anthony Strippoli

Cost

\$210.00

Open to

6th – 12th grade

Additional Information

Students will be able to:

- 1) identify a new activity that they may enjoy for their young adult and older adult life
- 2) demonstrate new skills for this activity (including etiquette)
- 3) improve upon skills already learned for players that have some experience
- 4) exhibit social graces common and necessary for the game of golf

Requirements

Proper dress, manners in public and appropriate game management on public courses.

BOSQUE SCHOOL
2009-2010

Bon Appetit (aka Good Chow)

Program

Description

Do you like good food? Do you like going out to restaurants? You do? Well then, this is the Winterim for you! In this Winterim, we will eat at a different restaurant each day. One day will be reserved for Sushi, another for Indian, a third for Asian. We will eat at a French restaurant on the fourth day and celebrate with Italian on our fifth day. Here, however, it the real treat: in the process of indulging our gourmet sensibilities, we will learn to be restaurant critics. We will look at different restaurant reviews to see what a good review looks like. Our models will come from a variety of sources including the Alibi, a weekly newspaper that features really great restaurant reviews, and the Albuquerque Journal's Anne Hillerman whose reviews will make your mouth water. And of course, we can't forget Bon Appetit. We can't wait to have you on board for this, but space is very limited so sign up quickly.

Faculty

Christine Hannaford

Cost

\$258.00

Each student will be allotted twenty-five dollars for his/her meal and tip. Students should not plan to supplement their meals with additional personal funds. This amount allows them to make ample selections at the selected restaurants.

Open to

7th – 8th grade

Additional Information

We will be in a public venue and must be aware of our behavior at all times. The following are our clear expectations:

- Walking is the only acceptable modality (which means that racing or running is out)!
- Volume control is critical to all conversations.
- It is imperative that you keep track of your own supplies and belongings.
- It is important to be inclusive in every conversation—allow everyone his or her turn at contributing to the conversation.
- Each speaker has a right to be heard without rude interruption.
- Food sharing is appropriate to our mission; however, it is accomplished by passing small plates requested for such a purpose.
- We will use the school restrooms before we leave campus. Restroom use at a restaurant requires that you check in with me first.
- It is imperative that we are respectful of and sensitive to the dignity and sensitivity of every member of our community.

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2009-2010

- School rules apply at all time: respect, restraint, and responsibility

Inappropriate behavior will have serious consequences which may include dismissal from the remainder of this Winterim.

Students will be able to:

- 1) Instructs valuable writing skills: students will write, revise and edit four restaurant critiques, selecting two to polish for “publication”
- 2) Instructs etiquette: manners, appropriate attire, convivial luncheon conversation
- 3) Multicultural exposure: students will research the ethnic cuisine via a visit to our restaurant selection of the day

Requirements

It is important that we be appropriately attired for our outings. We are not a motley crew; we are food critics with a serious purpose. Female students should plan to wear nice slacks or skirts and tops. Male students should plan to wear slacks and a shirt. Shirt tails should be tucked in and hats should be left at home.

BOSQUE SCHOOL
2009-2010

Bosque Film Boot Camp

Program

Description

Want to make a movie? Want to be in a movie? The Bosque Film Boot Camp will give students the opportunity to create their own short film, from story concept and screenwriting through the production shoot to post-production editing. Students will work with a professional writer/director, director of photography/camera operator, editor and composer to bring their story to the screen. Story concept and brainstorming open to all grades. Cast positions open to all grades. Crew positions open to Upper School only.

Prior to Winterim, students will meet on a weekly basis starting January 6 to brainstorm story ideas and write the screenplay. Pre-production tasks, casting and rehearsals will also occur before Winterim as the film's shoot will take place during Winterim week. Film will be shot at Bosque School and other locations around Albuquerque. Talent will learn acting skills for camera. Crew will learn production skills required for successful filmmaking.

Faculty

Colleen McClure

Cost

\$374.00

Open to

6th – 12th grade

Additional Information

Students will understand proper film acting techniques and skills. Students will learn how to run a film production effectively. Through working with film professionals, students will learn the roles and responsibilities of various crew positions on and off set. After filming is completed, follow-up meetings with the editor and composer will teach students how work completed during pre-production and production translates into the finished film in post-production.

Requirements

Students must have a positive attitude. Students need to stay with Ms. Colleen and not leave campus when filming at Bosque or leave the group when filming off campus. Possible costume and make up needs will need to be provided by the student.

**BOSQUE SCHOOL
2009-2010**

Bosque's Top Chef

Program

Description

What happens on this Winterim will be delicious!

Fremont's Fine Foods will be creating a specialized cooking class especially for Bosque Students. In this class, students will learn how to cook a variety of different dishes from main dishes to desserts. Emphasis will be given on cleanliness and safety in the kitchen as well as knife skills. In addition to the cooking class, we will investigate where food comes from, try our hand at cake decorating, and become food critics while sampling some of the best foods Albuquerque has to offer. We will be utilizing the skills learned in this class to prepare and serve a meal at a local shelter.

Faculty

Joanna Hart and Marina Sage

Cost

\$305.00

Open to

7th – 10th grade

**Additional
Information**

Students will know and understand the basics of good nutrition, plan and execute a meal, have a greater understanding of how food gets from the field to the table, and be able to read and understand nutritional labels and their relationship to good health.

Requirements

Great attitude, interest in cooking and/or food. Good behavior and a healthy appetite!

**BOSQUE SCHOOL
2009-2010**

Build a House with Habitat

Program

Description

This program is in partnership with Habitat for Humanity of Santa Fe. On day one students will get an introduction to the history of Habitat. The group will have lunch in a Santa Fe restaurant. Days 2-5 will be on the building site. Historically, a group such as ours will encounter homes in various stages of production. Students are instructed by a professional builder in the aspects of construction that are needed on a given day. For example, one day might be spent putting siding on a house, another day digging the trench for the pouring of the foundations the following day. The pace is constant, with a morning break, followed by lunch, and an afternoon break.

Students will arrive at Bosque at 7:00 am to be on the worksite in Santa Fe at 8:15. After the morning orientation, they will be assigned to a work team and instructed in their jobs. Work continues with a morning and afternoon break and a 1hr lunch break and completes each day at 4:30. Group will return to Bosque at approximately 5:30.

Students are expected to be enthusiastic and able participants who will work a full day. Volunteers must be prompt for morning departure and attentive to the group leader and the instructors at the site. As this is a construction site, no fooling around can be tolerated. The experience entails 8 hrs of physical work daily in any or all aspects of home construction from digging to roofing. Each participant will provide his/her own lunch and beverage, plus snacks.

Our objective is to substantially contribute to the construction of a home for a designated Santa Fe family who will be working along side of us. Parents are invited to participate with us.

Faculty

John Roth

Cost

\$350.00

Open to

10th – 12th grade

Additional Information

Goals will vary based on the requirements of the building site. In 2009, students put up scaffolding; hanged tar paper and attached lath; dug a foundation ditch; poured a cement foundation; built a latia fence. Students learned the proper use of the following tools: hammer, circular saw, jack hammer, extension ladder.

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Requirements

Responsibility around a construction site and with tools. Commitment to sustained physical labor from 8:30-4:30 each day. Minimum age is 16.

California Yoga Workshop

Program

Description

Spend five days learning the classical yogic traditions of proper exercise, breathing, relaxation, and diet at the Sivananda Ashram Yoga Farm in Grass Valley, California. Eat gourmet vegetarian meals, sleep in dormitory cabins, and enjoy peaceful walks in the Sierra foothills. Ideal for beginners, this course provides the full yogic experience, progressively introducing yoga asanas, breathing exercises, meditation, mantra chanting and yoga philosophy. Immersed in a daily routine of yoga, students will eat wholesome vegetarian meals, and they will leave rested and refreshed with the basic knowledge of how to continue to practice at home.

Students are expected to participate in the Sivananda beginning yoga workshop's daily meditation sessions, physical exercise sessions, gourmet vegetarian meals, and talks on traditional yogic principles of breathing, posture, exercise, diet, and relaxation. Down time will allow for walking, reading, journal writing, and restful conversation.

Faculty

Kevin Cummins and Nina Leacock

Cost

\$800.00

NOTE: A deposit for this program may be required by December 1 to cover costs for travel and/or other arrangements that must be incurred at that time. Payment of the deposit will confirm students' participation. Students should check with the coordinators of these programs about a deposit BEFORE signing up for one of the programs.

Open to

9th – 12th grade

Additional Information

Activities include:

- Step by step guide to the basic twelve postures and their benefits
- Introduction to the purpose, tradition, and methods of classical yoga
- lineage of the Masters
- Basic philosophy about happiness, health, life, and freedom
- Difference between yoga asana and physical exercises
- Yogic techniques of breathing
- Vegetarianism the how and why
- Relaxation and stress management
- Positive thinking
- Basic technique of meditation
- The yogic daily routine

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Students will be able to demonstrate exercise postures, meditation and breathing techniques, and dietary principles in accordance with the Yoga Sutras of Patanjali, written in India in the second century BC.

Requirements

Students need to transport themselves to and from Albuquerque Airport on departing day, Sunday 3/7, and returning Friday 3/12. Students also need to provide their own airplane snacks.

BOSQUE SCHOOL
2009-2010

Canoeing Big Bend

Program Description

Our story will be one of splashes and laughter. The splashes will come from canoe paddles digging into water, turtles slipping into the river as we float by, and even ourselves as we cool off in swimming holes. The laughter will come from learning how to keep a canoe on course in a wild river, campfire songs and tall tales, and ten gazillion other adventures that only the Big Bend National Park region of the Rio Grande can offer.

Our adventure will involve putting everything we need for a week into our canoes and saying, "Good bye," to civilization. Because once we get on the river, we will paddle deep within the thousand foot walls of Boquillas Canyon and be self-supporting. We will camp, cook, and paddle our way through a wilderness adventure as we come to know and learn about the Rio Grande at Big Bend. Our days will be loaded with canoeing and exploring the natural history and culture of this international boundary. At night we will fall asleep to shooting stars and a nighttime sky unfettered by city lights.

This trip to Big Bend National Park, Texas (www.nps.gov/bibe/home.htm) leaves Albuquerque on Saturday, March 6 in the early morning and returns late afternoon on Friday, March 12. In addition to the two Bosque School teachers, the canoeing portion of the trip will be led by two river guides from Desert Sports (www.desertsportstx.com) and will be fully outfitted. Students need to provide their own sleeping bag and sleeping pad (some available to borrow). Best suited for 7th & 8th , but some 6th grade students might be permitted if there is room and after a parent discussion with trip leaders.

Faculty Cathy Bailey and Dan Shaw

Cost \$825.00
NOTE: A deposit for this program may be required by December 1 to cover costs for travel and/or other arrangements that must be incurred at that time. Payment of the deposit will confirm students' participation. Students should check with the coordinators of these programs about a deposit BEFORE signing up for one of the programs.

Open to 7th - 8th grade, (6th grade by permission of trip leaders)

**Additional
Information** By the end of the trip students will be able to:

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- 1) By the end of the trip students will know how and why to travel in a wilderness area in a low impact manner.
- 2) Students will gain beginner to intermediate river canoeing and wilderness camping skills.
- 3) Students will gain a basic understanding of the natural history, ecology, and cultural history of Big Bend National Park and its associated border region of Mexico and the United States.
- 4) Students will build upon the Bosque School science curriculum as it relates to the Rio Grande as both an environmental and cultural feature.

Requirements

Sleeping bag and foam pad (can be borrowed), rain jacket, old sneakers or other water suitable shoes. Willingness to camp, canoe, and follow directions, especially safety guidelines in a wilderness setting. Ability to swim.

Career Exploration Internship

Program

Description

This is an excellent opportunity for students to learn about and explore the possibility of pursuing a particular career. Students will select or be supported in selecting a mentor in a business, government, professional, or religious career field. The mentors will set up a program that will include at least six hours a day of observation of and participation in the activities of someone in a particular field. The mentors will also be providing the students with opportunities to learn about the educational and other forms of preparation for entry in that field.

The daily schedule of activities will be discussed and agreed upon by the student and the mentor. Faculty sponsors of the internships will assist students in communicating with mentors, articulating interests and skills, and suggesting appropriate activities.

Students will only be accepted for the internships if they provide the necessary information for the specific internship in which they will participate. A list of daily activities and suggested back-up activities will be required before approval of the internship is given.

Faculty

Dan Cummings and Maria Nilsson-Whitaker

Cost

Students will make arrangements for lunch and snacks during the internship hours.

Open to

9th – 11th grade

Additional Information

Students will be able to:

- 1) Describe day-to-day activities of the internship mentors
- 2) List and address questions and issues related to the specific career
- 3) Understand and articulate the preparation needed to enter the specific career field
- 4) Make general statements about an initial level of interest in pursuing the career field

Requirements

Students must submit the materials for the internship BEFORE acceptance for the internship is given. Students who are not accepted to participate in an internship will be required to register for a group program for Winterim.

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Students will be able to sign up for and participate in a Career Exploration Internship when they submit an application (**due by November 6**) that is reviewed and accepted before the registration deadline for all Winterim programs. The application includes the following:

- a) Name or names and contact information of the mentor(s).
- b) General description and tentative schedule of activities
- c) Questions/topics that will be addressed in a daily journal
- d) General (location, expected demeanor, etc.) and specific (dress code, working hours, etc.) expectations for the internship

**** By November 6th (if applicant is not accepted, the student must register for another program by November 13).**

Chihuahua Desert Expedition

Program

Description

We will be camping in the Guadalupe Mountains, on the border between Texas and New Mexico, and exploring the fossilized reefs and modern Chihuahuan desert for four days and nights, including Carlsbad Caverns and Guadalupe Peak, the highest summit in Texas.

This expedition will also include day hikes and camping in Guadalupe Mountains National Parks and a guided tour through one of the side or lower caves at Carlsbad Caverns.

Students should be prepared with camping gear and be willing to camp for four nights. They should be respectful of their peers and their environment, and be willing to engage fully in the activities and learning opportunities offered. They will be expected to be a part of setting and breaking camp, cooking and cleaning, and organization of gear.

Faculty

Tom Allen and Klaus Weber

Cost

\$292.00

Open to

7th and 8th grade

Additional Information

Students will be able to:

- 1) Plan reasonably for camping, including meals, organization of personal gear, and packing.
- 2) Understand the basic geologic history of the Guadalupe mountains and surrounding area.
- 3) Understand the basic ecosystem of the Chihuahuan desert, including recognition of some plants and wildlife

Requirements

Students will need to have or rent camping gear and clothing.

College Visit Internship

Program

Description

Juniors have already begun their searches for the right college and the Winterim week is a good opportunity to begin visiting and learning about colleges and universities in the US. While personal interviews may not be available for juniors at this time of the year, students will have opportunities to go on campus tours, visit classes, meet current undergraduates, and learn about their areas of interest in academics, activities, and residential life. Students are expected to visit at least five (5) separate colleges or universities.

Students will visit at least five colleges or universities, going on tours, identifying and articulating characteristics of the various colleges that can only be gathered from a visit. Interviews are not required. Students are strongly encouraged to participate in information sessions in the admissions offices or with specific programs on campus.

Faculty

Clara Roybal

Cost

Vary according to students' individual plans to make their visits.

Open to

11th grade ONLY!

Additional Information

Students will be able to:

- 1) Identify characteristics of colleges and universities that can only be gathered on a campus visit.
- 2) Use various criteria to compare the colleges visited during Winterim
- 3) Reflect on reactions to the various campus visits

Requirements

Students planning to participate in the College Visit Internship must submit and receive approval for a College Visit Plan. The application is due by **November 6, 2009**. The College Visit Plan must include:

- 1) A list of colleges reviewed by Juaquin Moya, Amy Gerber, or the student's advisor
- 2) A tentative itinerary of colleges to be visited
- 3) A list of criteria that indicates the students' preferences for colleges or universities
- 4) An outline of a daily journal that will be written to highlight what the students learned about the colleges and the college admissions process.

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**** By November 6th (if applicant is not accepted, the student must register for another program by November 13).**

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Exploring Southern New Mexico

Program

Description

For this week long trek, the Bosque School and Cottonwood Gulch Foundation will be visting incredible settings and participating in exciting activities! Students will be rock climbing and bouldering at "the Box" in the Magdalena Mountains, a popular site west of Socorro. We will be birdwatching and touring the Bosque del Apache by day and star gazing with telescopes in hand by night. All the while, students will record the

sights and sounds of their new experiences to make audio postcards to remember their trip. At the end of the expedition, we'll explore White Sands and the beautiful wilderness areas of the northern Chihuahuan desert, where we may be lucky to catch the cactus bloom! This trek is an awesome opportunity for students to meet friends they didn't know before and to build stronger bonds with teachers and students from the Bosque community.

There is no previous camping experience necessary. Students should be prepared for outdoor weather and activities.

Faculty

Sarah DeRosear and Jessie Larson

Cost

\$475.00

Open to

6th grade ONLY!

Additional Information

Students will be able to:

- 1) Learn the basics of camping: setting up tents, cooking, cleaning and living in the outdoors. Through this process students will learn how to work together and make new friends.
- 2) Challenge themselves physically (and learn life-long physical fitness activities) through rockclimbing, hiking and exploring the outdoors.
- 3) Learn about the special ecosystems of southern New Mexico, and learn about the stars and planets visible in our southern skies.
- 4) Create audio postcards and creative artwork about their new experiences with their classmates in southern New Mexico.

Requirements

Students will need to come with warm outdoor clothes, sturdy shoes, and a sleeping bag and pad.

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Girls' World

Program

Description

Girls, you are on the verge of becoming women. Does this mean you have to conform to the media's image of womanhood? No. Girls' World will help you become aware of media messages, help you feel good about yourself, and about belonging to the community of women.

Activities will include hiking, self-defense, journaling, horseback riding, bowling, yoga, high ropes and an exploration of media.

Faculty

Sky Jenkins, Leslie Lazar

Cost

\$293.00

Open to

6th and 7th grade

**Additional
Information**

Students will be able to:

- 1) Develop a positive self-image
- 2) Learn team building skills
- 3) Develop self-confidence
- 4) Become aware of media messages

Requirements

None

**BOSQUE SCHOOL
2009-2010**

Horsing Around

Program

Description

Spend this week at Horsemanship Camp in Corrales learning or improving your horsemanship skills! We'll meet at 9:00 every morning at High C Acres and will learn all aspects of horsemanship, from riding to caring for the horses and equipment. Daily mounted activities will include riding instruction, games on horseback, bareback riding and a mock horse show. When not on the horses, activities will include learning safety around horses, feeding and equine nutrition, equine health, grooming and care of equipment. Students will also learn about horse rescue, the mounted police and acrobatics on horseback. This camp can accommodate a variety of ability levels, so all are welcome.

Faculty

Susan Bapty

Cost

\$375.00

Open to

6th – 7th grade

**Additional
Information**

At the end of the program students will be able to

- 1) groom, tack up, and mount a horse in an efficient and safe manner.
- 2) be able to ride the horse bareback and with western saddle.
Students with riding backgrounds will enhance their riding skills
- 3) describe how horses help and the functions they play within the community – (mounted police, entertainment, specifically vaulting)
- 4) understand the real problem of horse neglect and what is being done in the Albuquerque community to help these animals.

Requirements

None

Japanese Culture and Time In the Martial Arts DOJO!

Program

Description

Students will gain an over view of Japanese culture, experience traditional foods, music, and do some training in the Japanese DOJO with experienced trainers, Senseis.

Students will train in the DOJO, learn about Japanese culture, eat Japanese foods.

Faculty

Nicolle Maniaci

Cost

\$544.50 + daily lunch for 5 days at \$75.00

Open to

8th – 11th

Additional Information

Students will work to identify the following:

- 1) Universal virtues of wisdom
- 2) Dedication
- 3) Patience
- 4) Tolerance
- 5) Cooperation
- 6) Humility and Work Ethics
- 7) Self-Defense
- 8) Japanese Culture
- 9) Japanese Tea Ceremony
- 10) Japanese Food
- 11) Japanese Dance

Requirements

Willingness to to participate in martial arts training and experience information about Japanese culture and purchase a uniform.

**BOSQUE SCHOOL
2009-2010**

Jazz Intensive

Program

Description

Jazz Intensive—Open for 7-12 students who have facility on a wind instrument, percussion, guitar, bass, or piano and have an interest in jazz improvisation and jazz ensemble performance. Guest clinicians who are professional jazz players will work with students who want learn basic and advanced skills in improvisation and jazz performance.

Faculty

Stuart Fessinger

Cost

\$150.00

Open to

7th – 12th grade

Additional Information

Students will

- 1) learn basic and advanced jazz theory and jazz improvisation.
- 2) be able to demonstrate different styles of jazz ensemble performance.

Requirements

Students must have basic facility on a wind instrument, percussion, guitar, bass, or piano. Students will provide their own lunches and transportation to and from Bosque School.

**BOSQUE SCHOOL
2009-2010**

Lacrosse in the Bosque

Program

Description

Lacrosse in the Bosque is a traditional athletic camp. Athletes will be assessed in terms of their physical condition and lacrosse abilities. Then, throughout the week, we will engage not only in exercises and activities designed to improve our performance in lacrosse, but in general athleticism as well. Each athlete will learn fundamental lacrosse skills like cradling, passing, catching, and shooting as well as skills specifically related to their position. Athletes will also learn teamwork starting in teams of three and expanding these concepts to include the full team of ten players. We will take Thursday afternoon off from lacrosse and spend the time at the climbing gym developing upper body strength, balance, and coordination.

Finally, all athletes will be fed snacks and drinks throughout the week and will receive a camp t-shirt. On Friday, we will walk or take public transportation to a resaurant off campus.

This is an active Winterim. Athletes do not need to play lacrosse on the school's team or have any lacrosse experience, but they must be interested in athletics and prepared to be active for five days. Students should bring lunch and a water bottle from home, although snacks and drinks will be supplied by the program.

Faculty

Eric Whitbeck

Cost

\$100.00

Open to

8th – 12th grade

Additional Information

Athletes will be assessed on the athletic skills of speed, endurance, and agility. They will also be assessed on lacrosse specific skills. Finally, teamwork and cooperation are emphasized throughout the week.

Requirements

Athletes need a lacrosse stick, a pair of lacrosse gloves, athletic clothing, and footwear. Students without gear can arrange to borrow gear from the school at no cost.

**BOSQUE SCHOOL
2009-2010**

Manatee Madness!!!

Program

Description

Imagine yourself snorkeling in the pristine waters of Crystal River, Florida. A gentle giant, the original mermaid, swims to you and embraces you, allowing you to be in its family for an extended time. This and more is possible on Manatee Madness Winterim! We will spend the week living in a house on the river together in Florida, cooking the majority of our meals and living as a community. While there, we will have multiple opportunities to swim and socialize with the endangered manatee. We will meet with local biologists to discuss and research manatees and their amazing habitat.

This trip will include nighttime boat rides, daytime kayak and canoe trips as well as pontoon boat rides. The week will end with students doing a presentation based on independent research conducted during and before Winterim week. Extracurricular activities will include snorkeling, a day at the beach, a visit to Homasassa Springs Wildlife Park, ornithology and fishing. Participants must pass a swim test to participate in this Winterim trip. Before the trip, participants must give a five minute group presentation on some aspect of the manatee. Participants must also watch the presentations of other groups.

Faculty

Sheri Mahoney and Ben Curry

Cost

\$1,200.00

NOTE: A deposit for this program may be required by December 1 to cover costs for travel and/or other arrangements that must be incurred at that time. Payment of the deposit will confirm students' participation. Students should check with the coordinators of these programs about a deposit BEFORE signing up for one of the programs.

Open to

9th – 12th grade

Additional Information

Students will learn

- 1) about the social structure, anatomy and evolutionary history of the endangered Florida Manatee
- 2) about the fragile ecosystem in which the Florida Manatee lives as well as ongoing conservation efforts being done to rescue this habitat and its inhabitants.
- 3) basic skills in ornithology, herpetology, ichthyology and taxonomy.
- 4) basic snorkeling skills
- 5) basic kayaking skills

**BOSQUE SCHOOL
2009-2010**

Requirements

Students must pay for their own food on travel days (7th and 12th), this should be one airport meal per day. Also, we will only pay to check one bag for the airport. Should students want to bring two, they will need to pay the difference. It will be expected that the students be willing to live in a community setting for the week. They need to work cooperatively with each other and the adult chaperones.

BOSQUE SCHOOL
2009-2010

March Madness

Program

Description

March Madness is here! If you are a baller, this is the best game in town. Join Mr. Snow, Mr. Guy, Mr. Knapp and Mr. Daniels for five days of hoops-related fun. We'll be holding a basketball camp, conducted by Coach Snow himself, in which you'll learn some skills or improve the ones you've got. We'll also play flag football and other outdoor field games during the week. Since the NCAA Basketball Tournament begins the next week, we'll be taking a closer look at the teams participating.

We'll look at all their stats and try to come up with the best possible choices we can make for the tournament. In the spirit of promoting one of the greatest tournaments on the planet, we'll also be writing press releases about teams and match-ups. This year, we also have the added excitement of attending the New Mexico State High School Tournament (and supporting our own Bosque Bobcats!). We'll be watching some ball, playing a lot of ball, doing some hoops research, hanging out, and having a blast! It doesn't matter if you're a beginner or a seasoned player, boy or girl, or 6th, 7th, or 8th grader. If you've got hoops on the brain, March Madness is where it's at!

Basketball camp-style games, drills, and activities; other outdoor field games; statistical analysis of teams; writing press releases for various teams/players; trip to NM State Tournament to watch games and support Bosque varsity teams

Faculty

Craig Snow, Mark Daniels, Ryan Knapp, Quentin Guy

Cost

\$62.00

Open to

6th to 8th grade (co-ed)

Additional Information

Students will learn to practice skills related to developing teamwork and playing basketball and other sports, and to conduct a statistical analysis of the teams in the State High School and NCAA men's & women's basketball tournaments, resulting in prognostications of the tournament's results. Students will also create written "press releases" promoting various teams and match-ups based on their research.

Requirements

Athletic apparel required; willingness to participate and exhibit good sportsmanship, desire to represent our school with dignity and enthusiasm at tournament games

**BOSQUE SCHOOL
2009-2010**

MarineLab Snorkel a Go Go - Florida Keys

Program

Description

This trip will take us to the sunny shores of the Florida Keys to explore and snorkel the seagrass, mangrove and coral reef habitats of Key Largo. We'll participate in 5 days at the residential MarineLab educational program (www.marinelab.org) learning about the importance and fragility of these ecosystems through daily oceanic adventures and evening lectures and labs.

Additional activities will include one night at Fort Lauderdale Beach, a day trip to Everglades National Park, a day trip to Bahia Honda State Park (with kayaking) and an evening adventure in Key West.

Faculty

Kimi Scheerer, Chris Vigil, Meg Underwood

Cost

\$1,365.00

NOTE: A deposit for this program may be required by December 1 to cover costs for travel and/or other arrangements that must be incurred at that time. Payment of the deposit will confirm students' participation. Students should check with the coordinators of these programs about a deposit BEFORE signing up for one of the programs.

Personal money for souvenirs, etc. Also, students who are SCUBA certified and interested in diving should speak with Kimi - if we dive, there will be an additional cost of about \$70.00.

Open to

9th – 12th grade

Additional Information

We will leave on SUNDAY, March 7th, 2010 and return Friday, March 12, 2009. Students will learn about & snorkel in a variety of marine habitats; participate in evening lectures and labs focusing on: invertebrate diversity, astronomy, fish identification & coral biology; and explore the biodiversity & culture of Bahia Honda State Park & Key West.

Requirements

Students will be expected to know how to swim and be ready to do so in the ocean with MarineLab provided gear (no additional charge) or their own.

BOSQUE SCHOOL
2009-2010

Mexican Exchange Program

Program

Description

This is the second phase of the Bosque School Exchange Program with Colegio Reina Elizabeth, located in Mexico City, a maximum of sixteen Bosque seventh, eighth and ninth graders will have be selected to travel to Mexcio to live with host families and attend classes. Additionally, students will visit the Teotihuacan pyramids, El Palacio Nacional, the Cathedral, Templo Mayor Museum and Alameda Central. We will also go to other cultural sites in Mexico City. Students had to apply to participate in this program and those who were selected will have to commit to participating in the Mexican Exchange activity block during Winter Term.

Students will attend classes at Colegio Reina Elizabeth, cultural visits

Program dates are February 28 through March 13

Faculty

Denise Gleason and Lisa O'Grady

Cost

\$1,000.00

Additional costs may vary per student; could include passports, passport pictures, possibly clothes, souvenirs and host gifts

Open to

7th – 9th grade

Applications for this program are handled by Denise Gleason and Lisa O'Grady

Additional Information

Students will be able to:

- 1) to develop cross-cultural competence;
- 2) to improve linguistic skills;
- 3) to visit historically significant points of interest for other cultures;
- 4) to instill a sense of community in our students.

Requirements

Students who participate in this exchange should be reminded that they will be representing Bosque School and will be cultural ambassadors for Albuquerque and the United States.

At all times, students participating in the exchange are expected to follow all trip rules and obey the instructions of the trip leaders from both schools. Because this is a school-sponsored program, all school rules listed in the Bosque Student Handbook are to be followed. Students should also demonstrate Respect, Restraint and Responsibility and conduct themselves in such a way that will honor their school. The trip

BOSQUE SCHOOL
2009-2010

leaders reserve the right to return a student home at their parent/guardian's expense for repeated or gross violations of the trip rules, or for any action that puts in risk the well-being of the group. Any student who drinks alcohol, uses drugs, or smokes will be sent home immediately. Likewise, any student who violates Mexican law will also be sent home.

Students participating in this Winterim will be missing five days of school. By agreeing to participate in this program, the student hereby promises to meet with their teachers and collect and complete all work missed during their absence within an appropriate time-frame.

Students are not allowed to use their host families' phones without prior permission from trip leaders, nor are they allowed to take/use their cellular phones on this trip. Students will be given an opportunity to call home once during the trip. We respectfully request that Bosque families do not attempt to contact their child directly, either through email or phone calls, during this time. In the event there is a family emergency, families may contact Bosque School, who then will contact the trip leaders in Mexico. In the case of an emergency in Mexico, the trip leaders will first make sure that the student's immediate needs are met, and then they will notify the student's family and the school.

Students are strongly discouraged from becoming romantically involved with students from Colegio Reina Elizabeth, as this could jeopardize the working relationship among the students in the group and the schools. Students who do engage in this behavior may be sent home at their parents' expense.

While in Mexico, Bosque students may not operate any motorized vehicle. For permission to do any other activity such as, but not limited to, paintball, horseback riding, 4-wheeling, etc., students must receive permission from the trip leaders before participating in the activity.

**BOSQUE SCHOOL
2009-2010**

Music Appreciation

Program

Description

Music Appreciation is for any student with an interest in a wide variety of musical genres. We will explore and listen to music from all parts of the world and from all walks of life and time periods.

Students will be listening to a wide variety of musical genres. We will discuss each of the genres and explore their history and roots. Students will also get the opportunity to learn about and play various musical instruments pertaining to these styles.

Faculty

Michael Veseart, Anthony Strippoli

Cost

\$-0-

Students will need to provide their own lunch and snacks

Open to

6th – 12th

**Additional
Information**

Students will be able to identify musical genres and have an understanding of how various musical styles came about.

Requirements

Students are not required to have any background in music. They need to have a love of music, an open mind, and good listening skills.

**BOSQUE SCHOOL
2009-2010**

Outdoor Adventure Skills

Program

Description

So say you're out for a hike. It starts to snow (you're wishing you had snow shoes at this point), you realize you're lost (you find a map and compass in your pack but you don't know how to use them) and the only way out is to repel down a 30 meter cliff face (if only you knew how to use the climbing harness and ropes you find lying at the top of the cliff). To top it all off, you've just twisted your ankle (if only you knew some wilderness first aid). If this has ever happened to you, then this is the perfect Winterim program. Three days of the program will be devoted to learning specific outdoor skills, including rock climbing, snow shoeing and basic navigation skills. The remaining two days will be devoted to a wilderness first aid class that will be taught at Bosque. After successfully completing the 16 hour SOLO Wilderness First Aid course, you will have earned a two year WFA certification. Put this all together and you have a week of fun and challenging experiences that will benefit the outdoor adventurer in you.

Three of the five days will be devoted to specific outdoor activities that are somewhat dependent on weather conditions in early March. Our plan is to spend one day hiking in the Sandias (or some other exotic, but nearby destination) with an emphasis on knowing where we are. We will learn to utilize map and compass in order to achieve this goal. We will then spend a day learning rock climbing skills while working with certified instructors and another day learning how to snow shoe through the snow-bound high country. The remaining two days will be devoted to a 16 hour course in wilderness first aid. By the end of the course, students will have earned a 2 year SOLO WFA certification.

Faculty

Jim Daly and Dara Johnson

Cost

\$300.00 - 350.00

Students will need to provide their own lunch each day.

Open to

9th – 12th grade

Additional Information

Students will be able to:

- 1) use navigation skills, including map and compass, to orient themselves in the outdoors.
- 2) understand the techniques and safety procedures associated with rock climbing.
- 3) understand and use basic wilderness first aid skills.
- 4) practice "no trace" skills while in the wilderness.

**BOSQUE SCHOOL
2009-2010**

Requirements

Students need to have the basic gear for being comfortable and safe in the outdoors in early March. This includes hiking boots that are water proof, a good size day pack for carrying gear, layers of clothing that can be put on or taken off as conditions change, a water bottle, rain gear, hats (for warmth and sun protection), gloves, sunscreen and sun glasses. The two day WFA course will require the students to be at the Bosque campus from 8:00 am to 4:00 pm.

**BOSQUE SCHOOL
2009-2010**

Power Up

Program Description

Energy is all around us. Even if science isn't your "thing", we are all affected by our energy choices. Join us for an energizing week of fun, learning, exploring, and sharing. Through participation in varied hands-on experiential and creative activities and local field trips, students will learn about renewable sources of energy like solar, wind and hydrogen. Activities include building a wind generator, making and cooking in a solar oven, riding an energy bike, having an energy picnic, and exploring the properties of hydrogen and hydrogen fuel cells as applied in model cars. Students will tour a power plant, local solar facilities, and share what has been learned with other students. Students will be expected to participate in all activities and field trips. As a means to serve our community, by the end of the week, students will put on an "Energy Expo" and make presentations to and teach 5th graders at Mountain View Elementary School. Our goal is to create and expand a culture of energy awareness in our community.

Overview of Activities: Learn about sources of energy through assorted games and activities such as "Energy Enigma" and other NEED (National Energy Education Development) materials such as skits and songs and chants; build a wind-generator and design blades for a mini-wind turbine; make solar cookers with pizza boxes and Pringles cans, then cook and eat; use mechanical and chemical energy to make (then eat!) our own ice cream; power up electricity using our own energy riding on an energy bike; learn about electrolysis and how water can be used in a hydrogen fuel cell that runs a model car; and create fun and educational presentations for our community.

Faculty Barbara Lazar

Cost \$92.00
Students will bring their own lunch for 3 days. Lunch for two days is included; daily snacks are included

Open to 6th – 8th grade

**Additional
Information** Students will be able to: articulate and model an understanding of energy concepts by presenting an assigned topic to students at Mountain View Elementary school by the end of the Wnterim week.

BOSQUE SCHOOL
2009-2010

Requirements

Students are expected to bring an open mind, creative ideas, and a positive attitude. Be prepared to represent yourself and Bosque in the community in a manner that reflects our Core Values.

Appropriate clothing for touring facilities is expected, for example close-toed shoes. Fees include a t-shirt that students will wear during the presentation in the community.

Re-Enchanting New Mexico

Program

Description

The “ReEnchanting” New Mexico Winterim is your opportunity to seek adventure and value in unexpected places. You will discover amazing things about our “state” that we inhabit. In this Winterim, you will be encouraged to exercise your own sense of wonder and creativity through various artistic processes. You will draw, photograph, make maps and build “site specific sculptures” while exploring locations throughout New Mexico. You will develop skills in orienteering, an essential outdoor skill using a compass and map. Orienteering allows you to become more self reliant and confident in unfamiliar terrain. You will become familiar with using a Global Positioning System (GPS) and "Geocaching" as means of discovering what we value about this wonderful place we live. You will rediscover why this state has been named the “land of enchantment.”

Activities include traveling, hiking, camping, ,orienteering, journaling photographing and/or drawing, mapmaking, sculpting, solving and creating puzzles, planning and implimenting a geocache site, and hunting for and creating geocache treasures.

Faculty

Steve Modzelewski

Cost

\$143.00

Open to

9th – 12th grade

Additional Information

Students will use a journal to document activities using both writing and images. They will also create site specific works of art.

Requirements

A willingness to find adventure in the outdoors. All participants will need to adhere to wilderness rules including having proper outdoor gear: warm clothes, sleeping bag, tent (to share), hiking shoes, day pack, compass, sunglasses, etc. Bringing a GPS unit is helpful but not necessary. Students should provide lunches and snacks while traveling, perhaps a tent and sleeping bag, if necessary, a compass, pens, pencils, and erasers.

**BOSQUE SCHOOL
2009-2010**

Solar Sprint

Program

Description

Do you love NASCAR and the environment? Then this is the Winterim for you! Go green and go fast by designing, building and racing a solar-powered model car. Learn how to intelligently incorporate phrases such as "gear ratio", "photovoltaic cell" and "drive train" into everyday conversation. Activate your right and left brains as you create a beautiful yet functional machine while minimizing your carbon footprint.

You will design, build and race a model car powered by a solar electric panel. You will use the design process to build a frame, make wheels that turn, learn how solar panels and motors work, transfer power from the motor to the wheels, and determine how the shell affects car performance. The final day will include a competition to see how well you have incorporated these elements into your model. Aesthetics count!

Students do not need any previous experience with building models or the physical sciences. They are expected to be self-motivated, stay on task and use safety precautions as outlined by the sponsor.

Faculty

Kim Lester, Katherine Kraft

Cost

\$100.00

Open to

6th to 8th grade

Additional Information

Students will be able to: use the design process to create a solar-powered model car incorporating scientific concepts including forms of and transmission of energy, and forces (such as friction and electricity) and motion. They will gain a better understanding of STEM (Science, Technology, Engineering, and Math) careers involving the physical sciences.

Requirements

Students will be using a soldering gun to build their models. Safety goggles and instructions on use of the soldering gun will be provided. Students will bring their own lunch Monday through Thursday. They may also want to bring additional materials or tools to help build their car.

**BOSQUE SCHOOL
2009-2010**

Special FX

**Program
Description**

Have you ever wondered how they do those special effects in the movies? Well now it's the time to learn how to do them yourself. We are lucky to have in Albuquerque two important film companies: Sony Imageworks and Albuquerque Studios. One special effects professional will guide us through the "how did they do that?" aspect of our query after watching one of his movies. Everyday we will have a three-hour hands-on experience class learning how to create those cool effects ourselves by a professional (Reinhart Lorenz) at the UNM Continuing Education labs. We will be visiting the studios and hopefully see some of the film professionals at work. It will be busy but fun. If you know something about computers and are interested in film, this is the Winterim program for you.

Computer Lab work at the Continuing Education campus. Visits to Albuquerque Studios and Sony Imageworks.

Faculty Eduardo Aleixandre

Cost \$221.00

Open to 6th to 8th grade

**Additional
Information**

Students will be able to edit a short film/video, learn about special effects, watch one or two Sony Imageworks movies and discuss the special effects with the artist, visit the Albuquerque Studios as well as the Sony Imageworks facilities. Students will learn how the editing/special effects process works.

Requirements Students need to have basic knowledge of computers. Punctuality is a must. We will be "invading" the territory of professionals at work so we need to be curious and appreciative of the time they are giving us. Please, bring a sack lunch everyday.

**BOSQUE SCHOOL
2009-2010**

Totally Tumbling: Gymnastics and Dance

Program

Description

Do you enjoy watching the incredible gymnasts at the Summer Olympics? Have you ever wanted to tumble across the floor, swing from the uneven bars or leap down the balance beam? If so, this is the Winterim for you. We will be meeting each day at Gold Cup Gym to learn, practice and improve our gymnastic and dance skills. Be prepared to stretch, bounce, flip, leap, twirl, glide, roll, wiggle, swing, and dive! Please come with a positive attitude, and be willing to work hard, to learn and to have a blast! All girls are welcome, no previous experience necessary.

Faculty

Phyllis Church

Cost

\$100.00

Open to

6th through 8th grade (girls only - boys with special permission only)

**Additional
Information**

Students will improve their gymnastic skills : floor (tumbling), uneven bars, beam and vault events.

Requirements

Students must wear leotards or stretch clothing that allows for easy movement (no zipper, snaps or buttons). Students are expected to listen, and be coachable. Parents are to provide a sack lunch, water and morning snack for each day and transportation to and from studio.

BOSQUE SCHOOL
2009-2010

Zen Buddhism Immersion

Program

Description

This Winterim is for students who want to step out of the hectic pace of daily life and learn about Zen Buddhism by immersing themselves in a Buddhist community. Students will travel to the Bodhi Manda Zen Center in the Jemez mountains where they will join the community in its daily routine. Students choosing this Winterim should expect a quiet, relaxing, and enriching week.

Students will keep a journal throughout the week in which they will reflect on what they are learning about themselves and about Buddhism. They will return to school with a substantial understanding of Zen Buddhism and having learned to meditate, chant, and slow down to be more present in everyday activities. Perhaps they will even return with some additional insight into how to live compassionately in the world.

Daily practices will include working, sitting in meditation, chanting, relaxing in the hot springs, and other activities directed toward living “fully in relationship.” Students will learn what it is like to live in a Zen Buddhist community and develop an understanding of Buddhism. Students will also learn to meditate, chant, and slow down to be more present in everyday activities.

For additional information, students are encouraged to visit the Zen Center’s website at www.bmzc.org.

Faculty

Jinni Durham, Josh Breault, Heather O'Shea

Cost

\$236.00

Open to

9th to 12th grade

Additional Information

Students will learn what it is like to live in a Zen Buddhist community and develop an initial understanding of Zen Buddhism. Students will also learn to meditate, chant, and slow down to be more present in everyday activities. Some of the fruits of this Winterim are visible immediately as students let go of the stress of the school year or react compassionately to one another. Others emerge over time as students practice the skills they are exposed to during the week.

Requirements

Students are expected to conduct themselves in accordance with the expectations detailed in the Bosque student handbook.